

Get Your *Write On Now!* Book Coaching Group

with

Patricia C. Brooks Author and Certified Professional Coach

What would it mean to you if you started that book you've been *thinking* about writing? What would it mean to you if you finished that book you've *already* started?

Imagine the following:

- You've finally started writing your story, you've found your motivation and inspiration, and you are writing daily and are pages away from completing your manuscript. How are you feeling?
- You've decided on which of your many manuscripts to focus. You've kept your writing schedule religiously, and as a result you've now completed that book you started oh so long ago. What emotions are you experiencing?
- After compiling your business ideas and writing them down in an organized way, you've just published your book. It gives you greater authority in your business and it is opening new doors for you. Your audiences and clients are raving about your book and how it's improved their lives. How does this make you feel?

Fulfilled and satisfied? Confident and accomplished? Inspired and Energized?

Or perhaps you are experiencing some other **life-affirming** adjective not listed?

If you have a book idea, have a true desire to write your book, and are serious about putting in the work to complete it, but find yourself simply thinking about it or starting then losing momentum, **Get Your *Write On Now*** Book Coaching Group is for you!

During this series of six one-hour group coaching calls we will explore:

- your motivations for wanting to write a book
- which book you should write right now
- the obstacles (lack of time, self-doubt, fear, and others) that stop you in your tracks
- strategies to overcome these obstacles
- book structure and organization
- finding time to write

Groups are forming now! Sessions Forming Now.

Package Pricing Listed Below

Write On! – 3 Month Group* Coaching Packages
 You've got a book in you. Start writing it now!

Details	Basic Group Coaching Package	Deluxe Group Coaching Package	Premier Group Coaching Package
Number of group sessions/month	2	2	2
Length of each group session	60 minutes	60 minutes	60 minutes
Energy Leadership Assessment** and <u>Group Debrief</u>	N/A	1 group bonus hour and assessment included	N/A
Energy Leadership Assessment** and <u>Group & Individual Debrief</u>	N/A	N/A	1 group bonus hour, 1 individual hour, and assessment included
60-minute one-on-one coaching session	N/A	N/A	1 individual 60-minute coaching sessions included
Free copy of <i>Growing Bold</i> Book	N/A	N/A	1 copy included
Monthly investment	\$ 65.00	\$ 100.00	\$ 220.00
Total investment	\$ 195.00	\$ 300.00	\$ 645.00
*Groups consist of between 5 and 10 people			

About the Coach

Patricia C. Brooks is a Certified Professional Coach, the founder of The Courage Catalyst, and author of *Growing Bold: How to Overcome Fear, Build Confidence, and Love the Life You Live*. She offers coaching services to organizations and individuals that focus on designing vision statements, developing plans, and taking action toward goals. Her direct and engaging methods inspire confidence and lead to bold, focused, and productive action.

Patricia received her Certified Professional Coach certification from the Institute of Professional Excellence in Coaching. She is also certified to administer and debrief the Energy Leadership Index Assessment. She received her economics degree from Mount Holyoke College and her MBA from The College of William and Mary. She has been a Project Management Professional (PMP) for over ten years.

**About the Energy Leadership Index Assessment



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